

The Doping Control Process





play true

The 11 Stages of Doping Control

Your urine and/or blood can be collected anytime and anywhere for doping control.



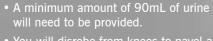
You will be notified by a doping control officer (DCO) or chaperone about your selection for doping control. You will be asked to sign a form confirming that you understand your rights and responsibilities.



You will report to the doping control station as soon as possible.



You will choose a collection vessel from the selection provided.





A DCO or chaperone of the same gender will observe the urine leaving your body.





Choose a sample collection kit from the selection provided. Split the sample in the A and B bottles. Pour urine up to the line in the B bottle first. Next, fill the A bottle and leave a small portion in the collection vessel.



Seal the A and B bottles.



The DCO will measure the specific gravity of the sample to ensure it is not too diluted to analyze. If it is too dilute, you may be required to provide additional samples.



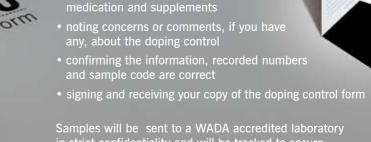
You will complete the Doping Control Form, by:

- providing personal information
- noting any substances you may be taking: prescription medication, over the counter



Samples will be sent to a WADA accredited laboratory in strict confidentiality and will be tracked to ensure their security.

Your A sample will be analyzed and your B sample will be securely stored for further testing if required. The laboratory will send the results to the responsible anti-doping organization (ADO) and WADA.







You have the right to:

- have a representative and. if available, an interpreter
- ask for additional information about the sample collection
- request a delay in reporting to the Doping Control Station for valid reasons (as determined by the DCO)
- if you are an athlete with a disability, to request modifications to the sample collection procedure

Rights and Responsibilities

You have a responsibility to:

- remain within direct observation of the DCO/chaperone at all times from the point of notification until the completion of the sample collection process
- produce appropriate identification
- comply with sample collection procedures (failure to do so may constitute an anti-doping rule violation)
- report immediately for doping control, unless there are compelling reasons for a delay

DOPING CONTROL VIDEO

For a fun and informative review of the information presented in this flyer, check out WADA's Doping Control Video at:

www.wada-ama.org/en/Education-Awareness/Tools/Doping-Control-Video

In the case of any discrepancy between this information and the World Anti-Doping Code, **the Code prevails**. This information is subject to change at anytime. Always check with your International Federation, National Anti-Doping Organization or National Federation for the most up-to-date antidoping regulations. July 2010



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